

A photograph of a modern medical center building at dusk. The building features a large, curved glass facade that is illuminated from within, creating a warm glow. The sky is a deep blue with some light clouds. In the background, another part of the building is visible with the word "AMERICAN" partially lit up in blue. The overall scene is a professional and modern architectural setting.

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# American Medical Center invest in cyber security and achieve double Cyber Essentials accreditations



**AMERICAN MEDICAL CENTER**  
**AMERICAN HEART INSTITUTE**

**Case study**

# Cyber Essentials Plus helps to protect against the majority of cyberattacks and comes with professional technical verification for added reassurance

Being cyber secure is crucial now more than ever. Cyber crime is growing in volume and sophistication and without robust defences in place, any business is open to attack. Gaining Cyber Essentials accreditations is a highly recommended step towards guarding a business and its assets against cyber threats while demonstrating commitment to cyber security.

**The problem:** The American Medical Center (AMC) have thousands of clients and an abundance of personal and sensitive data that needs constant high-level protection. Although they had good IT security in place, they needed to be able to prove their commitment to cyber security to increase their commerciality and win Government contracts and also attract new investment.

**The solution:** Serium successfully delivered the Cyber Essentials and Cyber Essentials Plus programmes to AMC, to verify that they have all the necessary cyber security measures in place to help protect against cyber crime.

Serium's Cyber Security champion Wayne Fulton guided AMC through the Cyber Essentials toolkit to generate an action plan of required measures. They worked through this list tightening IT security across their entire IT infrastructure. Wayne then assessed them to make sure all measures were compliant.

As part of the advanced Cyber Essentials Plus certification, Wayne conducted rigorous technical verification to ensure

When we started the project and selected Serium to be our main advisor we had very limited expectations, deriving primarily from our lack of experience with a similar assessment. However, I have to admit that the professional approach from Wayne and his team made it worthy not only because we have managed to eventually reach our target but we have also received some valuable advice (which lead to key solutions in our systems) along the way.

We thank you very much for all your help and professionalism!

**Constantinos Michaelides**  
GM, American Medical Center

The American Medical Center (AMC) based in Cyprus, is a state of the art health care facility that was founded in 1999 as the first private specialised cardiovascular institute. They offer a wide range of medical and surgical services.

## About AMC

Their mission is to provide the highest quality care to patients, in an ecologically friendly environment, that is safe, technologically advanced and staffed with competent professionals. Ultimately to be a Centre of Excellence for Health Care.

all criteria was met to pass the Cyber Essentials standards. The process involved performing seven thorough tests to check the IT security across AMC's business IT infrastructure. This included: phishing and email system testing, a malicious file test, antivirus check, MFA test, website and firewall vulnerability tests.

AMC followed instruction and any remediation advice they were given. As a result they passed the Cyber Essentials assessments and were awarded the double certification.

**The benefits:** Becoming Cyber Essentials accredited will provide assurance to AMC's partners, suppliers, members and clients that they are serious about being cyber secure and protecting their clients sensitive data.

It's also an attractive asset looked favourably upon by the Government and private investors. It demonstrates AMC are a forward thinking company who will stand up strong against cyber crime. An exemplary company worth investing in and doing business with.

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